

# Visitors' Training Program

Visiting professionals may apply to attend a two day intensive IPT training program. In this program professionals frequently have the additional opportunity to meet and collaborate with researchers and clinicians of varying backgrounds and unique interests. This program allows attendees to participate in training sessions, view videotapes of patient sessions and attend advanced seminars in applied interpersonal psychotherapy. Successful completion of the Visitor's or Onsite Training Program and the associated **IPT Supervision Components** are required for accreditation as a **Certified Interpersonal Psychotherapist**.

The Visitors' Training Program typically follows the following format:

## Day 1

Overview, Short-Term Therapy

Overview, IPT

Nature of Depression/Psychoeducation of Depression (Sick Role)

Interpersonal Inventory

Four Focal Areas (Goals and Tasks of IPT)

Lunch

IPT, the First Session (case example)

Diagnosing Depression In an Interpersonal Context

IPT Focus, Grief

Case Example (Role-play or Videotape)

IPT Focus, Role Disputes

Role Disputes Case Example (Role-play or Videotape)

## Day 2

IPT Focus, Role transitions

Case Example (Role-play or Videotape) IPT Focus, Interpersonal Deficits

Case Example (Role-play or Videotape) Lunch break  
Termination Issues  
Case Example (Role-play or Videotape) Adaptations of Model  
Case Examples  
Review and Discussion

**Future Dates for the Visitors' Training Program includes**

**Friday September 15th. and Saturday September 16th., 2017.  
Toronto, Ontario, Canada**

**Tuition** for the Visitors' Training Program is \$495.00 for 2 days. Attendees are responsible for their own transportation, accommodations and related expenses. A \$200 deposit, payable by check, or money order, is required and made payable to the Institute for Interpersonal Psychotherapy. The balance of the tuition is due on the first day at registration.