

Interpersonal Psychotherapy Supervision Components

A key component towards becoming a **Certified Interpersonal Psychotherapist**, is ongoing supervision by IPT Institute staff of cases that trainees are treating at their institutions or practices. Trainees are assigned a supervisor with expertise in their area of practice. Trainees submit weekly audiotaped sessions of their therapy sessions. The supervisor reviews these tapes and provides weekly in-depth feedback and guidance during the 45-minute weekly telephone supervision sessions.

Trainees with clinical experience in providing psychotherapy, are required to complete two to three supervised Interpersonal Psychotherapy cases. Recent graduates are required to complete three Interpersonal Psychotherapy cases, one of which is a personality disordered client.

Following the successful completion of the Onsite or Visitor's Interpersonal Training Program and the completion of the required supervised Interpersonal Psychotherapy cases, trainees are eligible to apply to the Academy of Interpersonal Psychotherapy for certification as an Interpersonal Psychotherapist.

Supervision Fees

The review of weekly audiotapes and provision of supervision (60 minutes total for individual sessions 90 minutes for group supervision up to 3 participants) is \$175 per hour per weekly IPT session. Trainees are responsible for the security and transmission of audio or video taped client sessions.

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